



## **Parkfield School Lunch Menu**

## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup	Tomato Soup	Chickpea Soup	Spiced Butternut Squash Soup	Broccoli Soup
Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
Tuna Baguettes	Chicken Joe's Wraps	Chicken Tikka Baguette	Cheese Baps	Chicken Joe's Wraps
Spaghetti Bolognese	Roast Chicken Thigh with Mashed Potatoes	Vegetable Lasagne with Garlic Bread	Tomato Pasta with Tuna	Cheese & Tomato Pizza
Cheese & Potato Pie	Tandoori Fish with Naan	Fish Fingers	Fatima's Lamb with Braised Rice	Hand Battered Fish
Jacket Potato with Beans,				
Cheese, Tuna Mayo or Lamb Chilli	Jacket Potato with Beans, Cheese, Tuna Mayo or Lamb Chilli	Jacket Potato with Beans, Cheese, Tuna Mayo or Lamb Chilli	Jacket Potato with Beans, Cheese, Tuna Mayo or Lamb Chilli	Jacket Potato with Beans, Cheese, Tuna Mayo or Lamb Chilli
Sauté Potatoes	Mashed Potatoes	Seasoned Diced Potatoes	Homemade Fresh Spice	Chips
Spring Onion Rice	Savoury Rice	Rice & Peas	Wedges	Vegetable Selection
Vegetable Selection	Vegetable Selection	Vegetable Selection	Braised Rice Vegetable Selection	
Salad/Coleslaw	Salad/Coleslaw	Salad/Coleslaw	Salad/Coleslaw	Salad/Coleslaw
Bread	Bread Rolls	Bread Rolls	Bread	Bread
Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt
Homemade Strawberry Yogurt	Chocolate Coated Flapjack	Bananas/Peaches & Custard	Mini Chocolate Oat Cookie & Milk	Fruit Juice
. 594.1	Fresh Fruit	Castara	O CONTROL WINK	Fresh Fruit
Fresh Fruit		Fresh Fruit	Fresh Fruit	
<del>-</del>	Yoghurt			Yoghurt
Yoghurt	<del>-</del>	Yoghurt	Yoghurt	j

