

Parkfield School Lunch Menu

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Soup	Vegetable Soup	Leek & Potato Soup	Carrot & Coriander Soup	Spicy Lentil Soup
Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
Tuna & Lettuce Baguettes	Chicken Chilli Wraps	Cheese Baps	Egg Mayo Baguettes	Chicken Joe's Wrap
Meat Lasagne with Garlic Bread	Chicken Tikka in Naan	Fresh Salmon Puff	Okra Curry & Pitta Bread	Cheese & Tomato Pizza
Dahl with Rice	Hand Breaded Fish	Keema Curry with Naan	Chargrilled Chicken Breast	Tandoori Chicken with Onions & Peppers
lacket Detete with Peope	Jacket Potato with Beans,	Jacket Potato with Beans,	Jacket Potato with Beans.	on Flat Bread
Jacket Potato with Beans, Cheese, Tuna Mayo or Lamb Chilli	Cheese, Tuna Mayo or Lamb Chilli	Cheese, Tuna Mayo or Lamb Chilli	Cheese, Tuna Mayo or Lamb Chilli	Jacket Potato with Beans, Cheese, Tuna Mayo or Lamb Chilli
Roast Potatoes	Homemade Fresh Spice	Mashed Potato with	Diced Herb Potatoes	Chips
White Rice	Wedges	Spring Onion	Savoury Rice	Vegetable Selection
Vegetable Selection	Savoury Rice	Braised Rice	Vegetable Selection	
	Vegetable Selection	Vegetable Selection		
Salad/Coleslaw	Salad/Coleslaw	Salad/Coleslaw	Salad/Coleslaw	Salad/Coleslaw
Bread	Bread	Bread	Bread Rolls	Bread
Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt	Chilli Sauce/Yoghurt
Homemade Strawberry Yogurt	Sponge Cake & Custard	Fruit Salad	Chocolate Hedgehogs	Banana & Mango Smoothie
3	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Fresh Fruit				Fresh Fruit
	Yoghurt	Yoghurt	Yoghurt	
Yoghurt		_	_	Yoghurt





